



**PSUSD**  
PALM SPRINGS  
UNIFIED  
SCHOOL DISTRICT

2024

# MANAGING DISRUPTION WITH NONCOMPLIANCE/ REFUSAL

*Compassionately Addressing  
Behaviors at School  
(CAB-S)*

# Training Norms

## **Be Present & Refrain from Multi Tasking**

Listen with intent to understand

## **Actively Participate**

Survey/Feedback Form is mandatory for attendance and will be given to site secretary.

**Compassionately Addressing Behaviors at school CAB-S**



# Lets Review

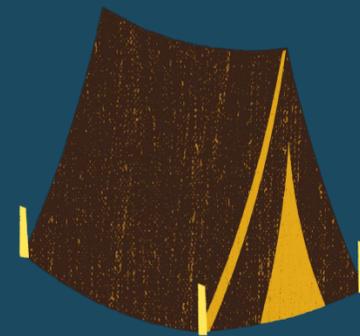


# Building Rapport

 *Who is involved in Rapport Building*



 *What is Rapport Building*



 *Why build Rapport*



 *How to build Rapport*



 *Effective communication*



# ***Behavior Basics***

*Tantrum*

*Elopement*

*Throwing*

*Teasing*

*Aggression*

*Refusal*

**Understanding Triggers**

**Identifying Triggers**

**Understanding ABC's**

**Motivating Students**

# Reinforcement and Prompting



What is Reinforcement?



Different Types of Reinforcement



What is Prompting?



Different Types of Prompting Procedures

# De-Escalation

## Stages of Escalation

Identify and define the components of de-escalation

Identify who is involved with de-escalation

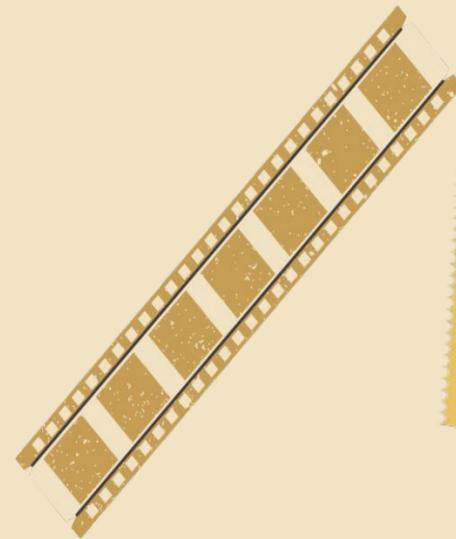
The importance of de-escalation

Identify methods of responding to conflict or aggression

# Agenda

1.

**S.E.A.T**



2.

**F.E.R.B's**

3.

**REPLACEMENT  
BEHAVIORS**



4.

**A.B.C  
DATA  
COLLECTION**



# Agenda

01

**UNDERSTANDING DISRUPTIVE  
BEHAVIOR**

02

**PROACTIVE STRATEGIES**

03

**REACTIVE STRATEGIES**

04

**GIVE AWAY**



# What is disruptive behavior in the classroom?

**Disruptive behavior means conduct that materially and substantially interferes with or obstructs the teaching or learning process in the context of a classroom or educational setting**



# A Long Time ago

• **Table 7.1:** Types of disruptive behaviours and their corresponding punishments in an American high school in 1848 (based on Fontana, 1994, and Lefrancois, 1997)

DISRUPTIVE BEHAVIOUR	PUNISHMENT
Misbehaving to girls	10 lashes
Drinking liquor	8 lashes
Swearing	8 lashes
Doing mischief about the place	7 lashes
Lying	7 lashes
Fighting	5 lashes
Playing cards	4 lashes
Boys and girls playing together	4 lashes
Wrestling	4 lashes
Quarrelling	4 lashes
Neglecting to bow when going home	2 lashes
Having long fingernails	2 lashes
Blotting one's copybook	2 lashes
For every word not recalled when given a list to learn by heart	1 lash



# Understanding Special Needs

**A DEVELOPMENTAL DISABILITY (DEVELOPMENTAL DISABILITIES ASSISTANCE AND BILL OF RIGHTS ACT OF 2000 PL 106-402) IS A CHRONIC MENTAL AND/OR PHYSICAL CONDITION THAT OCCURS BETWEEN 5 AND 22 YEARS-OF-AGE AND IS LIKELY TO OCCUR INDEFINITELY.**

**WE WORK WITH OUR SPECIAL EDUCATION STUDENTS BETWEEN 3 AND 7 HOURS A DAY OVER A FIVE-DAY PERIOD. THEY LIVE WITH THEIR DISABILITY 24 HOURS A DAY 7 DAYS A WEEK.**



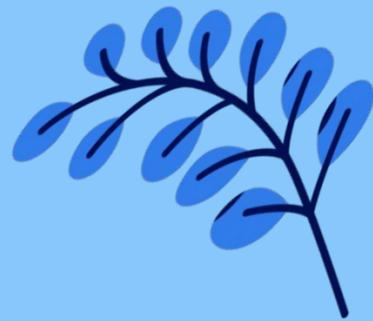
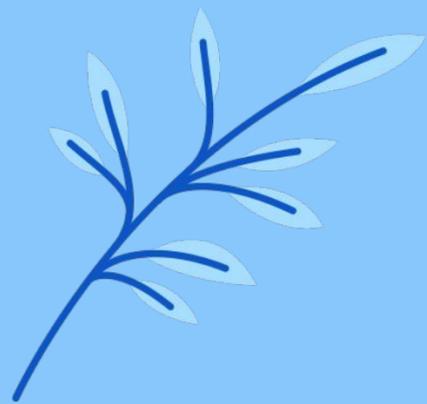
Four foundational principles/thinking proactive approaches to addressing behavior:

**CHALLENGING BEHAVIOR  
PRODUCES A DESIRED  
OUTCOME FOR THE STUDENT.**

**CHALLENGING BEHAVIOR CAN  
BE CHANGED.**

**THE STUDENT'S BEHAVIOR IS  
CHALLENGING, NOT THE STUDENT.**

**CHALLENGING BEHAVIOR CAN BE  
REDUCED BY CHANGING VARIABLES  
WITHIN THE CURRENT  
ENVIRONMENT THAT TRIGGER AND  
SUPPORT THE BEHAVIOR.**

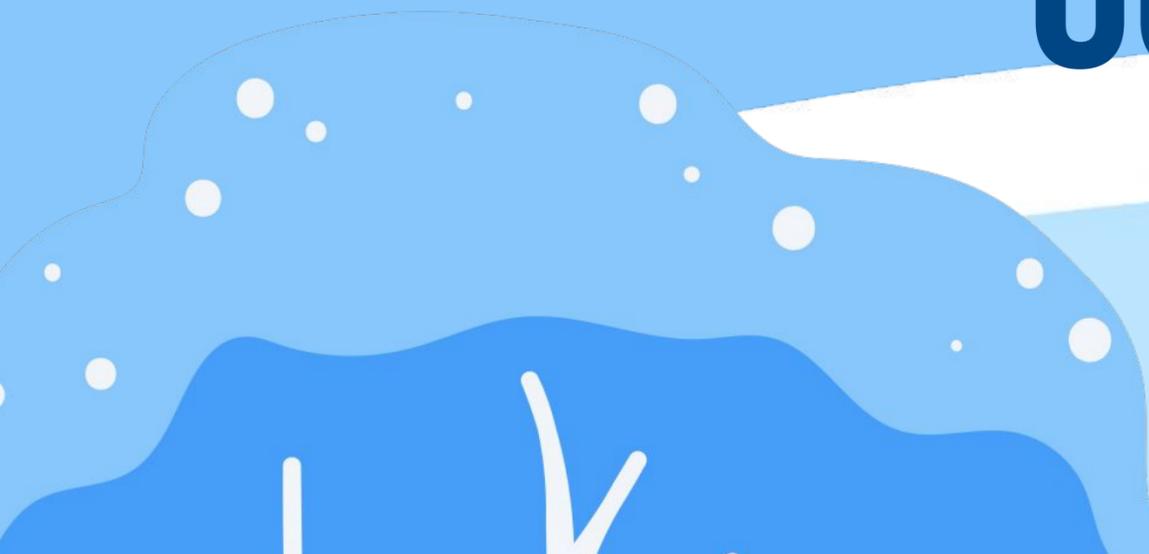
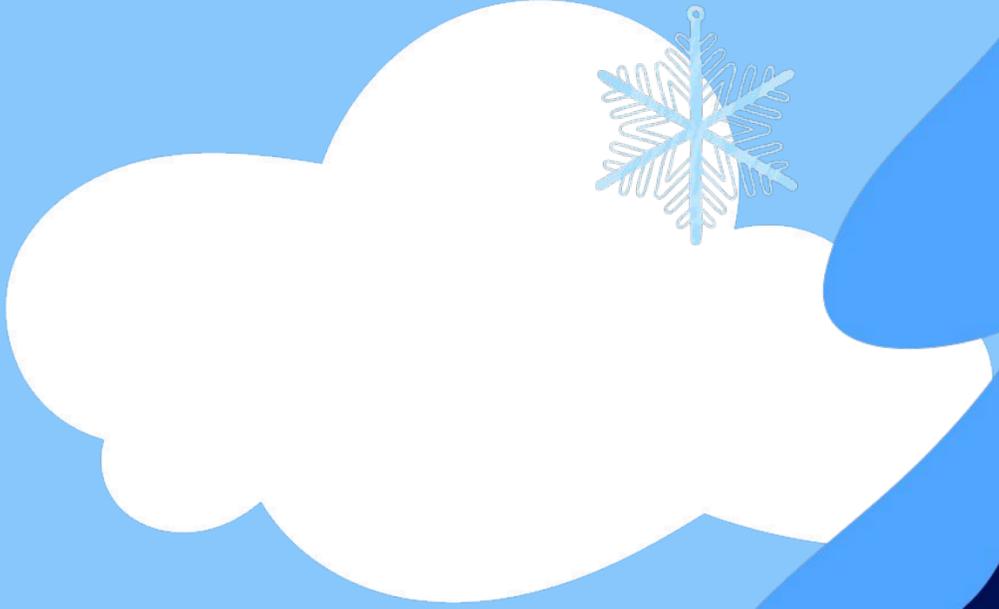


2024

**BEHAVIOR**

**IS**

**COMMUNICATION**



# What are the causes?

Immediate environment

Classroom, Weather

Emotional wellbeing

Seeking attention, Lack  
of self-esteem

Circumstances outside the  
classroom

Home, Family, Relationships

Boredom

Not understanding the work,  
Work isn't challenging enough



Proactive

VS

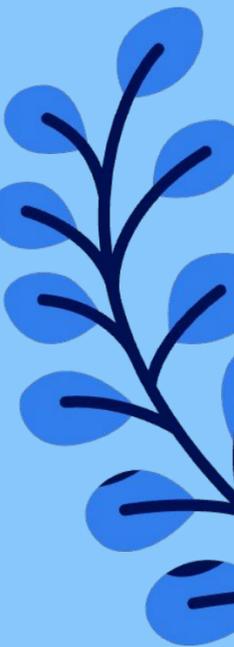
Reactive



## Proactive Vs. Reactive Approach when Handling Challenging Behaviors

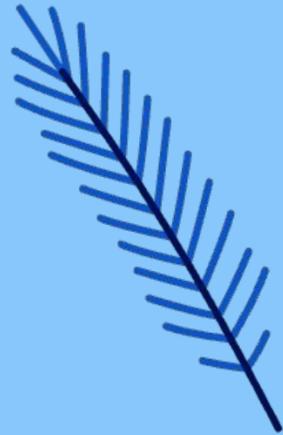


In Early Childhood  
Education



# Proactive Strategies

These are four effective strategies, selected from a multitude, that we will review.



01 **CLASSROOM MANAGEMENT \***

02 **PRIMING**

03 **VISUALS**

04 **CLEAR EXPECTATION \***



# 2. Priming

## DEFINITION

Priming is a preventative strategy, also known as an antecedent strategy, used to prepare children for a situation or task by providing them with relevant information beforehand.

Priming allows students to preview what is coming up in order to prepare them which helps with:

- ❖ Setting expectations
- ❖ Transitions
- ❖ New events

## What Does Priming Look Like?

Priming comes in many forms. Some forms of priming include:

- ❖ Visual schedules
- ❖ Social stories
- ❖ Videos
- ❖ Verbal reminders

Each form of priming can serve a different purpose. Visual schedules may be for daily use, while social stories and videos may be used for specific tasks; however, each method of priming can be fluid in its use.

## When To Use

- ❖ Difficulty adapting to new learning situations?
- ❖ Difficulty with transitions?
- ❖ Avoidance behaviors when presented with materials or tasks?
- ❖ Difficulty interacting with adults and peers?

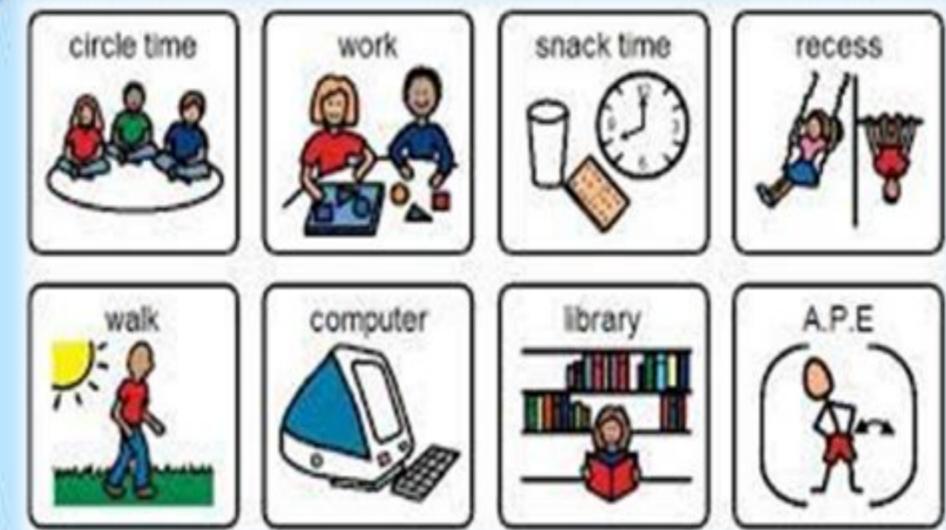


# 3. Visuals

**Visual supports** are concrete cues that provide information about an activity, routine, or expectation and/or support skill acquisition and demonstration

Visual supports are commonly used to...

- ❖ Organize learning environments
- ❖ Establish expectations around activities, routines, or behaviors
- ❖ Provide cues or reminders (prompts)
- ❖ Provide preparation or instruction





01

**PLANNED IGNORING**

02

**REDIRECTION**

03

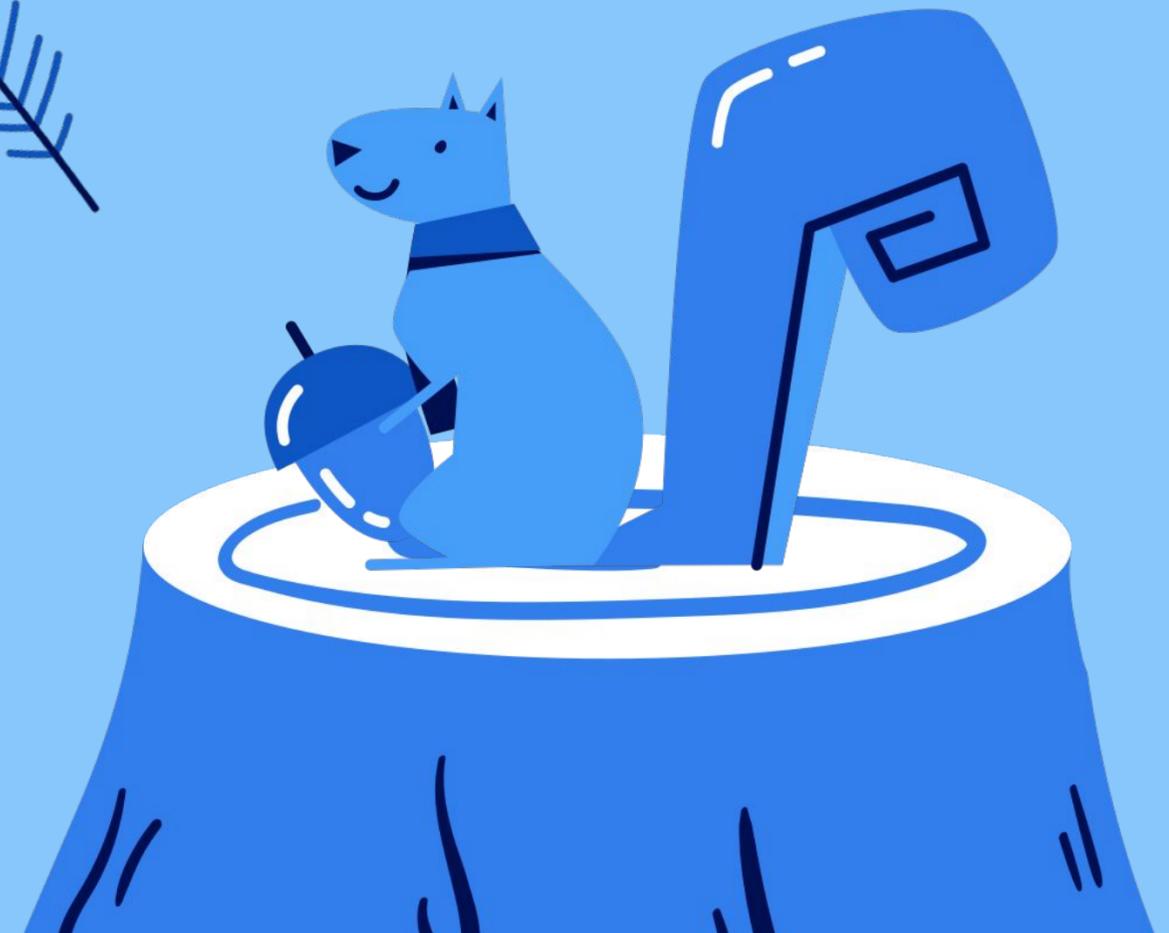
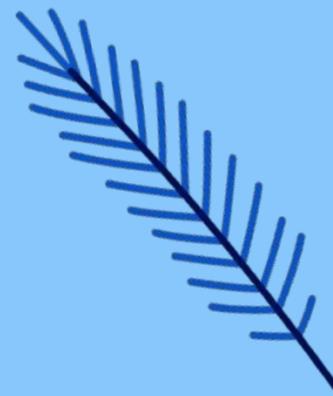
**BREAKS ARE BETTER**

04

**BEHAVIOR INTERVENTION PLAN**

# Reactive Strategies

These are four effective strategies, selected from a multitude, that we will review.



# 1. Planned Ignoring

## DEFINITION

Planned ignoring, or extinction, is not paying attention to a problem behavior in order to decrease the behavior in the future.



- ❖ Planned ignoring/extinction is shifting the way that you respond to a student's behavior, you are changing their expectations
- ❖ Use planned ignoring for annoying but harmless behaviors.
- ❖ When you ignore a behavior, do not look at or talk to the student.
- ❖ Ignore the behavior for as long as that behavior continues.
- ❖ Use descriptive praise once the behavior has stopped.
- ❖ The behavior will almost always get worse before it gets better.

## CAUTION

- ❖ Avoid giving feedback for target behavior
  - ie; that was not nice to say").
- ❖ Avoid praising the student for not engaging in the target behavior
  - ie; "you did great by not interrupting me".
- ❖ Avoid engaging in a teaching interaction about the target behavior
  - ie; do you know how that makes me feel when you interrupt me
- ❖ Avoid non-verbal responses
  - e.g; big sigh, eye contact, change of facial expressions, change of voice tone, etc.)

## WARNING

- ❖ Extinction bursts are a sudden, expected increase in behavior.
- ❖ They occur often when planned ignoring/extinction procedures are first implemented.
- ❖ Both the rate and intensity of problem behavior may increase during extinction

**IF YOU DO NEED TO RESPOND TO THE TARGET BEHAVIOR, MAKE YOUR RESPONSE BRIEF!**

# Planned Ignoring

While watching the video observe  
the **disruptive behaviors** of  
**Murr and Sal**



# Planned Ignoring

Let's fill out **ABC** data sheet based on the video that we just saw.

Student Name:	School Site:	Case Manager:
Target Behavior(s):		

Date / Time	Setting or Setting Event	Antecedent (What Occurred Before)	BX	Consequence (What Occurred After)	Student Response <input type="checkbox"/> Discontinued <input type="checkbox"/> Continued Severity <input type="checkbox"/> Mild (Some classroom disruption) <input type="checkbox"/> Moderate (Causes disruption but not harmful) <input type="checkbox"/> Severe (Disruptive, Injury to self or others)  Start: _____ End: _____: Duration: _____ Sec/Min (Approximate):  Other Info:	Initials
	<input type="checkbox"/> Setting/Location: <input type="checkbox"/> Structured Time <input type="checkbox"/> Unstructured Time <input type="checkbox"/> Setting Event: <input type="checkbox"/> Hungry <input type="checkbox"/> Tired <input type="checkbox"/> Medication <input type="checkbox"/> Seizure <input type="checkbox"/> Other:	<input type="checkbox"/> Math Demand <input type="checkbox"/> English/ELA Demand <input type="checkbox"/> Instructional Demand <input type="checkbox"/> Transitional Demand <input type="checkbox"/> Noise (alarm, peers screaming, etc) <input type="checkbox"/> Alone (No demand) <input type="checkbox"/> Denied Access <input type="checkbox"/> Asked to stop/wait <input type="checkbox"/> Other: Social Mediated Responses from others		<input type="checkbox"/> Adult Redirected (Attention) <input type="checkbox"/> Adult Consoled/comforted (Attention) <input type="checkbox"/> Student sent home (Escape) <input type="checkbox"/> Task Avoided/Removed (Escape) <input type="checkbox"/> Removed from the classroom (Escape) <input type="checkbox"/> Denied Access to the item <input type="checkbox"/> Behavior Ignored <input type="checkbox"/> Given Access to Item (Tangible) <input type="checkbox"/> Other:		

# 2. Redirection

Behavior  
is  
Communication



# 2. Redirection

## DEFINITION

A quick, in-the-moment strategy to give corrective feedback to students. You get your students' attention without making a big deal about it, using a calm tone, neutral body language, and clear, concise wording leaving less room for confusion.

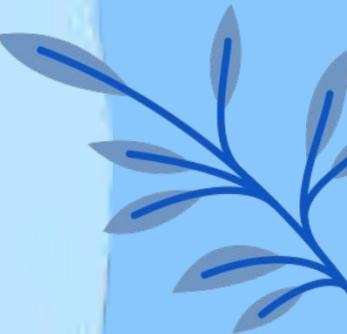
Redirection can be:

Verbal, Physical, Cue, or Proximal Attention

When redirecting:

- ❖ Say the student's name if setting is appropriate
- ❖ Establish eye contact if possible
- ❖ Comment/ ask a social question / draw attention elsewhere

**When done correctly, to the casual observer, it is not clear that the staff is using redirection, and the avoided inappropriate behavior might not be clear.**



# 3. Breaks are Better



When disruption or noncompliance/refusal is taking place the student is avoiding an academic task, activity and/or routine that they dislike.

Breaks Are Better Intervention helps the student manage the frustration related to the lack of want or skill.

## Logic

- ❖ If breaks are available, students may:
- ❖ Engage in less escape/attention -maintained problem behavior
- ❖ Request breaks less often than escape/attention maintained problem behavior occurred

Increased reinforcement for:

- ❖ Asking for assistance
- ❖ Taking a break.

## **Prior to intervention:**

Child & instructor identify appropriate “break” activities

Student is taught:

How to request a break

How to take a break

How to return to work

## Benefits:

Reduces Stress

Increases Productivity

Boost Brain Function

# 4. Behavior Intervention Plan



A Behavior Intervention Plan (BIP), is typically created after the teacher has learned why the behavior may be occurring.

The BIP is written by a teacher in collaboration with the school psych and/or, behavior interventionist, and must be followed by everyone who interacts with the student.

BIPS support all students with significant behaviors that interfere with learning or student safety.

A BIP details both how to manipulate the environment to prevent problem behaviors from occurring.

**The BIP also includes the Reactive Strategies to be implemented when problem behaviors occur**





If QR code does not work type this  
into your browser

<http://tinyurl.com/3vrhfrbn>

## (Behavior Interventionist)

**MaryRose Cachola, M.Ed. BCBA:** [Mcachola@psusd.us](mailto:Mcachola@psusd.us)

**Velvia Copeland, M.Ed:** [Vcopeland@psusd.us](mailto:Vcopeland@psusd.us)

**Jurell Nieves, B.S:** [Jnieves@psusd.us](mailto:Jnieves@psusd.us)

**Paula Soufl, M.S:** [PSoufl@psusd.us](mailto:PSoufl@psusd.us)

## (Sped TOSA)

Kelly Block [KBlock@psusd.us](mailto:KBlock@psusd.us)

Jennifer Avner [JAvner@psusd.us](mailto:JAvner@psusd.us)

Susan Smith [SSmith7@psusd.us](mailto:SSmith7@psusd.us)



Happy  
designing!



# Credits

## Websites used

1. <https://policy.arizona.edu/education-and-student-affairs/disruptive-behavior-instructional-setting#:~:text=Definitions,a%20classroom%20or%20educational%20setting.>
2. <https://milnepublishing.geneseo.edu/instruction-in-functional-assessment/chapter/chapter-1-challenging-behaviors-of-individuals-with-developmental-disabilities/>
3. <https://www.understood.org/en/articles/behavior-strategy-respectful-redirection>
4. <https://education.gov.gy/en/index.php/teachers/2520-research-tested-benefits-of-breaks>
5. <http://tennesseebsp.org/wp-content/uploads/2016/12/Prompting-Sequence-Tips.pdf>
6. <https://www.unl.edu/asdnetwork/priming>
7. <https://tanagerplace.org/a-break-down-of-priming-in-aba/>

## Videos

- ❖ [https://www.youtube.com/watch?v=JVADY-kcp\\_E](https://www.youtube.com/watch?v=JVADY-kcp_E)
- ❖ [https://www.youtube.com/watch?v=dvmjoK9Ka\\_Q](https://www.youtube.com/watch?v=dvmjoK9Ka_Q)
- ❖ <https://www.youtube.com/watch?v=-J6-vQYGFxM>
- ❖ <https://www.youtube.com/watch?v=-WQXiGa7qSA>

