

# COBRA Rates 2025-2026

## From October 1, 2025 - September 30, 2026

### MEDICAL ADMINISTRATOR: SELF-INSURED SCHOOLS OF CA (SISC) CLASSIFICATIONS: CERTIFICATED/CONFIDENTIAL/MANAGEMENT

For Medical COBRA enrollment please contact SISC directly at (661) 636-4214  
These rates shown below are only an estimate as rates may change at the time of enrollment with SISC

Medical Plan	Family/Composite COBRA Rate
Blue Shield PPO 100-B	\$ 2,105.28
Blue Shield PPO 80-G	\$ 1,731.96
Blue Shield HMO	\$ 1,868.64
Blue Shield HMO Trio	\$ 1,713.60
Kaiser HMO	\$ 1,731.96
Proactive Care Plan	\$

### NWA TEAMSTERS TRUST MEDICAL & VISION COBRA RATES – CLASSIFIED

For Medical and Vision COBRA enrollment please contact NWA Teamsters directly at (877) 214-8928  
These rates shown below are only an estimate as rates may change at the time of enrollment with Teamsters

Teamster Group	Composite Rate		
Teamster I	\$		
Teamster II	\$		
Teamster Group	1 Person	2 People	Family
Early Retiree	\$	\$	\$
Part-Timer	\$	\$	\$

### VISION COBRA RATES – CERTIFICATED/CONFIDENTIAL/MANAGEMENT

	1 Person	2 People	Family
VSP Vision	\$ 7.79	\$ 15.60	\$ 23.01

### DENTAL COBRA RATES

Certificate/Confidential/Management	1 Person	2 People	Family
Delta Dental PPO Incentive	\$52.17	\$116.17	\$171.13
Delta Dental PPO	\$44.59	\$ 99.32	\$146.29
Delta Dental HMO	\$20.97	\$ 34.63	\$ 51.17
Classified	1 Person	2 People	Family
Delta Dental PPO Incentive	\$52.17	\$104.34	\$153.89
Delta Dental PPO	\$44.59	\$ 89.20	\$131.56
Delta Dental HMO	\$20.97	\$ 34.63	\$ 51.17

If you are a Certificated, Confidential or Management employee interested in enrolling in COBRA, please contact Risk Management for Dental and/or Vision COBRA enrollment forms at [riskmanagement@psusd.us](mailto:riskmanagement@psusd.us)